

# IN LINE SKATING 101

STUDENT'S NAME: \_\_\_\_\_ HOMEROOM TEACHER \_\_\_\_\_

Circle one: 4<sup>TH</sup> grade OR 5<sup>TH</sup> grade

November 17, 2011

Dear Parent or Guardian:

Our school is participating in an "in-school field trip" on **December 2, 2011-January 6, 2012**, to educate students on the safety of in-line skating (commonly referred to as rollerblading) and also to teach them the basic skills necessary to enjoy in-line skates. The program emphasizes how to **Skate Cool** by **Skating Safe**:

- by wearing preventive safety gear (helmets, wrist guards, elbow and knee pads),
- learning various ways to stop,
- remaining in control (speed and balance),
- following the "rules of the road", skating alert, skating legal, and skating courteous.
- skating on appropriate surfaces,
- learning how to turn to maneuver around obstacles

In-line Skating 101 provides the skates, helmets, wrist guards, elbow and knee pads, to each student at a **cost of \$11.00 for days of instruction**. The skates will be used in the school's gym/teacher parking lot (a restricted area) under the supervision of the P. E. Instructor, Coach Biggers.

\*\*\*\*\*For your child to participate in the program, please read then **sign below and return with \$11.00 cash or check**, payable to SOE.

In the memo section of the check, write child's name, grade, and teacher. \*\*\*\*\*

I realize the responsibility involved in learning a new recreational activity. I have discussed this with my child and have made him/her fully aware that:

- 1) all safety equipment must be worn,
- 2) he/she must follow the instructor's directions,
- 3) to not endanger fellow classmates while skating.

Having discussed this, I release In-Line Skating 101, the school district, administrators and instructors from liability for any and all injuries or claims arising out of the use of in-line skates and related equipment.

Parent/Guardian Signature **SIGNATURE REQUIRED TO SKATE**

Date

If you are unable to pay the full \$11.00 at this time, please initial \_\_\_\_\_.

Your child will be a SKATE AIDE at the beginning and end of each class to help with the cost.

If you can send any amount, please send to help cover rental costs. ☺

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**Students need to bring or wear socks (calf-high socks suggested) and a hat or bandana to wear under the helmet (shower caps will be provided if needed.)**

Students may bring their own helmet as long as it is worn properly and safe. **DO NOT BRING YOUR OWN SKATES!**

Students are responsible for their personal items at all times.

The skates provided by In-line Skating 101 are well maintained and meet safety guidelines for the school district. Because of liability and possible loss or theft of personal items, In-line Skating 101 equipment must be used. Please contact your child's P.E. instructor if you have further questions. Looking forward to 3 fun weeks of skating during PE1, PE2 and Library classes! Coach Biggers©